



Redbacks Netball Club

Newsletter 1 2016

Coaching Information

Redbacks Netball Club will need at least 6 new coaches this year, this is a fun and fulfilling role. If you are interested and would like to find out more, we are hosting a coaching information night (for all coaches) at Holland Park Hotel (in the function room) on February 25th at 7pm. Please come along for a coffee and a chat.

Skills Sessions

Thank you to the players who attended our 2 skills and fitness sessions during the school holidays. We will be running these again early next year to prepare for team allocation days. It was wonderful to see 28 of our youngest players catching, throwing and learning to "cut the cake".



Team allocations

The first sessions for team allocations have commenced. Players will trial in 2 positions and 3 coaches/senior players will be assessing your skills and foot work. The committee also has feedback from your 2015 coach which is taken into consideration in the second day of trials. Redbacks Netball Club aims to provide the very best learning environment for your netball development.

Equipment

Equipment co-ordinator Kristen is organizing balls for all our games this year. Size 4 balls are used for under 10, size 5 balls are used under 11 and up. Each player will need to bring a ball to practice, please write your name on this.

Changes in netball rules

Netball rules have been updated. Not huge changes but this is a snapshot:

1. Only 1 foot has to be in centre circle to start the centre pass
2. No whistle for a goal
3. No whistle for the ball going out
4. Foot has to be within 15cm of the sideline on a throw in
5. A player taking a penalty pass can choose to wait for the player to stand beside them or can simply play on.

Redbacks Invitational Carnival

As a club we are hosting an invitational carnival on Sunday April 17th. Please mark this in your diaries; more information will be available shortly.

Welcome players

We have many new players this year, welcome to you, your family and looking forward to a fabulous year of netball! Currently we are planning for 28 teams playing Saturday netball at MDNA. We are a growing club with currently 255 registered players... this is up from 240 players in 2015.

First game of the season April 16th !