



# Redbacks Netball Club

Newsletter 5 2016

## First games of the season!

What beautiful weather for our first games. It was great to see smiling faces and keen Redbacks players around the courts on Saturday.



## Under 10 and older age groups.

Grading games are 2 half games for the first 2 weeks. This innovation came from our Redbacks president in trying to iron out issues with teams incorrectly graded. If you feel you are in the wrong grade please discuss with your coach and your coach will forward ideas to the Redbacks coaching convenor.

After the week 2 games MDNA grading committee will review the match results and determine if any teams will move grades.

## How to be an Awesome Redbacks Coach.

1. Treat all players with respect at all times.
2. Be your team's biggest fan and encourage players to support each other too.
3. Encourage your players to be responsible for their own behaviour, performance, decisions and actions.
4. Be respectful of information that might be sensitive to a player and keep it confidential.
5. Avoid negative feedback. Try the sandwich technique. Use a positive comment/ critique/ and finish with another positive comment.
6. Respect the umpire's decisions on game day...right or wrong.
7. Players all develop differently. Be patient.
8. Some games are absolute Coach killers! Remember if your players don't perform well that wasn't their intention. They have tried their best. Make your game day parting words positive and inspirational!!

## Facebook Page

Facebook is another method of communication within our club so please take a look and like our page. Everyday something "netball" is posted.

## Umpiring News

MDNA have obtained a grant from Carina Leagues Club specifically for umpire development. Night time umpiring workshops will be commencing next month.

Please contact Tanya if interested in learning to umpire this year.

[resumes@resumesplus.com.au](mailto:resumes@resumesplus.com.au)

## MDNA Carnival

Each year MDNA at Coorparoo run a junior carnival for club teams. Redbacks Club Committee ask that Managers and Coaches discuss with their team attendance at this event. Average cost (dependant on number of players) is \$22-25 per player. Carnival date is June 5<sup>th</sup> 2016.

## Uniforms

Redbacks Netball Club has grown this year so we ask that if you have any second hand uniforms, that you please donate these to the club. Thank you.



**MDNA Club Carnival June 5<sup>th</sup> 2016**